

# A WILD RIDE CALLED LIFE

## SPONSORSHIP PACKAGE



a wild ride®  
called life

### OBJECTIVE

- End the stigma of mental health
- Stop suicide
- Provide a platform for people to use their voice to share their story
- Raise awareness of mental health by sharing heartfelt and raw words from real people
- Spread the message to help others know that they are not alone
- Provide courses and workshops to help people learn how to use their voice in order to live with their mental illness instead of suffering from it and how to overcome trauma

## ABOUT US

Annette understands what it is like to feel alone and suffer through mental illness.

She is an Army Retired Army Combat Veteran. She is a mother and military spouse of over 22 years. Because of her challenges, she has created a safe space and platform for others to use their voice, share their stories, and not feel alone.

Annette is the founder of the blog called A Wild Ride Called Life ® ,LLC, and is the Host of The Truths We Hide Podcast.

She is a mental health speaker and advocates for all those who are suffering in silence



# SERVICES



a wild ride®  
*called life*

- Promote your business to a global audience on both the website and the
- Podcast or you can choose just one
- Promote your business In 3 different languages on the website
- Promote on on over 10 major Podcast Streaming Platforms , Example as follows: Youtube, iHeart radio, Apple, Google, Amazon
- Promote on major Social Media Platforms such as Pinterest, Twitter, Instagram, Linkeldn, Facebook, Snapchat
- Custom graphics using CANVA, Headliner and Lightroom
- Podcast streaming bi-weekly. Live shows can be added using Zoom or StreamYard
- Website ad space/mentions
- Newsletter mentions
- Podcast Guide mentions
- Coming soon... mention in the app

# MEDIA REACH



3K+ Followers  
3 Pages

30K+ followers



200+ followers



2K Downloads



1.4K+ connections



147K+ Viewers



300+ viewers



900+ followers  
2 pages



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# ONE TIME PACKAGE \$125

- (1) 30 second mid-show ad
- (1) Facebook Share
- (1) Instagram Share
- Show note mention and Podcast Guide mention



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\*to be featured on both platforms such as the website and podcast  
please add 30% to the price

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[www.facebook.com/awildridecalledlife](http://www.facebook.com/awildridecalledlife)

[www.facebook.com/thetruthswehidepodcast](http://www.facebook.com/thetruthswehidepodcast)

# PREMIUM PACKAGE

## \$375

- Monthly Package
- (4) 30-second midshow ad
- (4) social media shares on 3 platforms of your choosing (Facebook, Instagram, Twitter, Pinterest)



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# VIP PACKAGE \$750

- Quarterly Package
- (1) 30-second midshow ad
- (1) Facebook share
- (1) instagram share
- Show note mention



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# DELUXE PACKAGE

## \$1000



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- Quarterly
- (6) 60-second mid show ad
- (6) 30-second midshow ad
- (12) social media shares on platform of choices bi-weekly
- (3) blog ads highlighting your business
- Show note mention
- Highlight business on A Wild Ride Called Life website for quarter
- Coming Soon...Mention on App

\*to be featured on both platforms such as the website and podcast  
please add 30% to the price

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# CONTACT ME



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*called life*

CONTACT ME

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